

ECED 107 Articulation Competencies

Health, Safety and Nutrition (5 Credits)

Introduction to implementation of equitable health, safety and nutrition standards for the growing child in group care. Focus on federal Child Care Block Grant funding (CCDF) requirements, WA state licensing and Head Start Performance standards. Develop skills necessary to keep children healthy & safe, report abuse & neglect, and connect families to community resources.

Upon completion of this course, successful students will score 80% or better on the following competencies to receive WVC college credits.

Student Learning Outcomes:

CATEGORIES			
1. Problem Solving: A. Critical Thinking B. Creative Thinking C. Quantitative Reasoning D. Qualitative Reasoning	2. Communication: A. Oral Expression B. Written Expression C. Artistic Expression	3. Social Interaction: A. Collaboration B. Ethical Conduct C. Professional Conduct D. Cultural Diversity	4. Inquiry: A. Information Literacy B. Research C. Documentation

Course Competencies Checklist:

- Describe federal and state mandated health, safety, and nutrition practices. (2A,B, 4B)
- Identify indicators of illnesses/ infectious diseases and steps to prevent the spread of them. (4A,B)
- Outline safety procedures for providing emergency care and daily care. (1A,D)
- Evaluate program safety policies. (1A,D, 3B,C, 4A)
- Describe food programs and practices that support the development of children. (1A,D)
- Create examples of developmentally appropriate and culturally responsive health, safety, and nutrition education materials and activities. (1B, 2B,C)
- Develop strategies for working with culturally, linguistically, and ability diverse families in accessing health, nutritional, and dental services. (1A, 3D)

Program Outcomes:

- Document foundational competency in the Washington state's eleven Early Childhood Education Professional Core Competencies.
- Demonstrate evidence of the ability to plan experiences and provide materials for young children in the four different Early Childhood settings – Infant/toddler program, Family/Home Child Care Program, Preschool Program and a Kindergarten, 1st, 2nd or 3rd grade classroom.
- Identify and use credible professional resources from multiple sources, allowing them to better serve children and families with a wide range of cultures, languages, needs and abilities.
- Acquire training and education to seek employment or advance in current employment in the field of early childhood education.
- Develop a foundation to continue their studies in early childhood education.

Course Topics:

- ECE State and Federal regulations and guidelines relating to child health, safety and nutrition.
- Recognizing symptoms of illness and distress in children and families and the steps to prevent them.
 - Handwashing and exclusion of sick children policies and practices
 - Diaper changing and toilet training policies and practices
 - Safe Sleep Policies and Practices (DCYF Certification)
- Disaster Planning
- Child Abuse & Neglect, mandated reporting (DCYF Certification)
- USDA food program guidelines
- Health, Safety and Nutrition Curriculum content for children and families
- Community resources for families/children related to health,